



Lil Charger Football is Here.....

For 4th, 5th & 6th Graders

We'll be having a "Get Charged Up" practice the week before school starts.

August 20th- Wednesday, 8/21, 8/22, 8/25, & 8/26 from 6:00 – 7:30 p.m.

Kids should be drinking lots of water, doing some push - ups, and sit - ups, and do some running. We are recommending all kids have a sports physical and right now the Loon Lake Clinic and Springdale Clinic are offering Free Sports Physicals.

August 15th-Loon Lake Clinic -(509) 233-8412 (You must make an appt.)

August 19th- Springdale Clinic -(509) 258-4234 (You must make an apt.)

Practice is at the High School Football Field.

Call for info or show up ! It's gonna be a great season!

Call Bud or Suzy McVay